

# DEEPER WATERS FALL 2010

## INFORMATION & APPLICATION PACKET

LEAPNOW: Transforming Education

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01/28/2010 revision



Thank you for your interest in LEAPNOW's **Fall 2010 Deeper Waters Program**. Deeper Waters brings together deep and directed personal development with an amazing range of domestic and international internships that can be tailored to your specific interests. It is real life education that is truly relevant, flexible and self-directed, and that can be naturally "plugged into" many stages of the adult life journey. As a result Deeper Waters is suitable for students of all ages and stages of adult development. The internship available within a Deeper Waters semester can be flexibly tailored to your interests and needs, the amount of time that you have available and to a wide range of budgets.

Once you have been accepted into Deeper Waters, and have confirmed your acceptance, the Deeper Waters process begins with a phone or in-person interview with an internship counselor to assist you in selecting an internship that is right for you. Internships are chosen from an astonishing and unparalleled database of ~6,000 individual internships in 126 countries - offering the possibility of traveling to one of 126 countries throughout the world to do 12 weeks of social service work, teaching, work with animals, work with children, protecting the environment, learning about traditional and alternative medicine, acting politically, immersing oneself in a new language or culture, working with the elderly and the dying, learning midwifery, grappling with women's issues, and much, much more.

The Deeper Waters semester begins as you come together with your Deeper Waters group for the first time at a 7-day residential retreat at our campus in northern California. Here you direct your focus inward to be able to listen deeply to where you are in your evolutionary and educational journey. Taking an inventory of various aspects of your wholeness, you begin to reveal to yourselves ways that you have held back, deepen your connection with your body, your creativity and your unique life purpose, and open up possibilities in your life that are closer aligned with who you are and who you are becoming.

You will depart at the end of the first retreat for your chosen internship. After the internship we end the semester with another 7-day residential retreat to digest the dramatic experiences, ground new awareness and integrate transformation, and learn to carry positive change into your daily life.

Deeper Waters is unique in that it brings together things that should never have been separated in our educational process: direct experiential learning in the real world, inner-directed attention, and skills acquisition. The result is a transformation of our experience of our self and the quality of our life, and the opening of new vistas of experience and ways of participating in the world. Deeper Waters is for those who want this and who wish to gain deeper levels of self-awareness, language fluency, emotional literacy, and broad international experience. We look forward to receiving your application, and accompanying you on a transformative journey!

Enthusiastically yours,

Cassie Bull, Susan Mayginnes & Sam Bull (Deeper Waters faculty)

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## PROGRAM OVERVIEW & CALENDAR

<b>Fall 2010</b>	<b>Retreat 1</b>	<b>August 11 - 18</b>
	<b>Individual Internship</b>	<b>August 19 - November 10</b>
	<b>Retreat 2</b>	<b>November 11 – 18</b>
<b>Spring 2011</b>	February 21 – May 30, 2011	

### RETREATS:

Both of the Deeper Waters retreats are held at our northern California campus in the beautiful Sonoma County wine country. Each spring or fall group (or cohort) has between 8 and 20 fellow travelers - students of the world and their own lives - people who have a deep interest in discovering and inhabiting their unique place in the world.

### INTERNSHIPS:

All Deeper Waters students travel on their own to do a carefully selected internship for 12 weeks in a country of their choice. Although most people opt for a 12-week internship, the time frame can be shortened to accommodate personal preferences and needs. The internship allows for tailored career or other exploration as well as language acquisition. Participants work with our internship specialists to choose a fitting internship from our database of 6,000+ options in 126 countries – amassed through research, travel & collection since 1977. Beyond the specific content of any chosen internship is the significant growth experience of traveling solo to another country and working in a new situation. The Internship is the focal point of the Deeper Waters learning journey. A partial list of internships includes the following:

- Martial arts study in Brazil, Japan, Taiwan, China and Thailand
- Medical work outside of the United States - in Ecuador, Guatemala, India, Indonesia, Nepal, Africa, and many other locations.
- Work with children just about anywhere in the world - in schools, orphanages, on the streets, in refugee camps and other settings.
- Alternative and conventional building construction & sustainable living in the U.S. and other countries
- Organic farm work throughout the world – Australia, Africa, Asia, Latin America, U.S, Europe, and more.
- Work with animals in the U.S., Australia, Bolivia, Ecuador, Kenya, South Africa, India, Argentina, Nepal, and other countries. Elephants, primates, pumas, birds, sea turtles, penguins, musk oxen, baby baboons, horses and farm animals, Great White Sharks, and more.
- Language immersion and homestays throughout the world.
- Arts & crafts study and apprenticeship in Latin America, India, Africa, Europe, Canada, and Asia.

- Work with scientists - ecology, botany, marine science, forestry, archaeology, and more.
- Work with midwives in Latin America, Indonesia, Africa and elsewhere.
- Political internships in the UK, Australia & Switzerland
- Blacksmithing, jewelry-making, glass blowing, weaving
- Historical restoration
- Work on kibbutzes in Israel and in ecovillages & intentional communities throughout the world
- Work with indigenous people in the U.S. and abroad
- Work with women's issues and women's empowerment groups throughout the world
- Spiritual study: yoga retreats, ashrams, meditation, etc.
- Hotel management internships, work in chateaus in France, retreat center internships
- Work on remote Pacific islands
- Work at SCUBA dive centers in the Galapagos, the Caribbean, the Gulf of Thailand, and on the Great Barrier Reef.
- Service work with people with disabilities, with the very poor, the dying, with the blind, and with those who are developmentally delayed.

**IMPORTANT NOTE:** The more time that you have before the start of the first Deeper Waters retreat, the greater the number of internships you'll be able to choose from. Another way of saying this is: if you sign up for Deeper Waters close to the start of the first retreat, there will be a significantly smaller selection of internships to choose from.

## IS DEEPER WATERS FOR ME?

### Deeper Waters could serve me:

- As a part or the whole of a **Gap Year**
- For greater personal and **global knowledge and awareness**
- As a way to grow and explore **new possibilities for my life**
- As a way to explore and better understand myself and my world
- To reload after the first year of **college**
- As an antidote to **Sophomore Slump**
- As a **junior year semester of study abroad** (and within!)
- As a way to engage the world immediately **after graduation from college:**  
To tune into myself and explore the world as part of the process of discerning a career  
To get some real-life experience and sense of life direction prior to starting graduate school
- As a **career break**
- As a way to move through periods of aridity in my life
- As a way of engaging my whole self in my life
- As a way to successfully transition in **midlife**
- As a way to **re-career** in a way that aligns your work more fully with you
- To learn to fly again after helping my children to fly from the **empty nest**
- To **un-retire** and catapult myself back into deep engagement with my life
- To adventure in the world in a meaningful way
- To explore new opportunities for work and contribution
- To discover what is truly fulfilling to me

### Deeper Waters is also for anyone who:

- Is tired of sitting in a classroom and having someone talk AT them, and being told this is the only valid way to learn.
- Is tired of jumping through hoops that someone else deems important.
- Doesn't want to leave their deepest passions and yearnings out of their education.
- Doesn't want to live as a fragment of their wholeness.
- Wants to learn in ways that are "real" and relevant - in ways that bring them more alive.

# LOGISTICS

**PROGRAM REQUIREMENTS:** Deeper Waters is available to anyone over the age of 18 by the start of their program - there is no maximum age. **We don't accept anyone actively in the grip of an addiction to drugs, alcohol or tobacco.** Anyone in reasonable physical condition should be able to complete the program successfully. A vegetarian or restricted diet can usually be maintained throughout the program.

**APPLICATION & ADMISSIONS:** Interested applicants must send LEAPNOW a fully completed application and must have an in-person or telephone interview with a LEAPNOW staff member. Once an application is received, we contact the applicant to arrange the interview. There is no application deadline – with a rolling admissions process we accept people until the program is full – then create a waiting list.

Once accepted into a program, participants receive a Deeper Waters Acceptance packet. This packet, together with a regularly-updated Deeper Waters group web page, covers program details, transportation, gear & equipment, health & immunization info, communication during the program, climate & living conditions, academic credit, detailed trip itinerary with contact info, required documents & paperwork, financial details & tuition agreement.

**GROUP SIZE: 8-20 participants**

**HEALTH, SAFETY AND COMMUNICATION:** The safety and well-being of our students is our first priority. LEAPNOW has safely sent over 1,400 people all over the world since 1994. The current world situation raises questions for our students, their families and friends, and it is very important that you feel confident and secure as you embark on a program involving international study and travel. We constantly monitor the world situation through the U.S. State Department, and through a network of individual and organizational contacts in 33 countries that function as our eyes and ears on the ground. The decision about where you travel is yours – so you can stay within your own sense of safety.

**COST:** The cost for Deeper Waters is \$7,900 and must be paid in full prior to the start of the program. The program fee includes all retreat activities, food and accommodation and includes \$1,500 toward the cost of the Solo Internship. The following are not included in the program fee:

- Round-trip transportation to northern California
- Personal medical insurance and spending money
- Round-trip airfare for the Internship
- Cost for academic credit

**ACADEMIC CREDIT:** Deeper Waters students can earn academic credit for Deeper Waters through their own institution, or simply and inexpensively through Seattle Central Community College (SCCC), which is accredited through the Northwest Commission on Colleges & Universities. Up to 15 quarter hours of credit may be earned for language study and the internships. SCCC courses don't require you to go to Seattle, and there is no physical classroom beyond the Deeper Waters campus. Courses meet through email, or by mail, phone or fax. There is a high degree of latitude for you in determining what you would like to study within each course – you can focus on the aspects of the region or culture that are of most interest to you, and both courses integrate well with the Deeper Waters experiential curriculum. Courses include:

- **EDU 291: Using the World as a Classroom (5 or 10 credits)**  
Research outside the classroom is now a reality. Students pick a travel destination, select a research topic, gather research data, and combine them all into a learning experience. A self-paced course.
- **HUM 291: Language Enhancement through Experiential Activities (5 or 10 credits)**  
A course for undergraduate students taking advantage of language study opportunities outside the USA, living with a family for total language immersion, or attending a language school while at the same time studying the culture of the country. Students will be expected to complete all course requirements upon their return to the United States.

***LEAPNOW reserves the right to make changes to all programs in order to provide the best possible experience, safeguard participants or respond to changing political or climatic conditions.***

# GUIDING PHILOSOPHY

*"When historians look back on our century, they may remember it most, not for space travel or the release of nuclear energy, but as a time when the peoples of the world first came to take one another seriously. The change that this new situation requires of us all - we who have been suddenly catapulted from town and country onto a world stage - is staggering. Twenty-five hundred years ago it took an exceptional man like Diogenes to exclaim, 'I am not an Athenian or a Greek but a citizen of the world.' Today we must all be struggling to make those words our own. We have come to the point in history when anyone who is only Japanese or American, only Oriental or Occidental, is only half human. The other half that beats with the pulse of all humanity has yet to be born."*  
Huston Smith

The DEEPER WATERS program represents our creative response to needs that we see in the world – the need for learning to take place within the context of the individual’s evolutionary journey, and the need to engage with the world in real and relevant ways. The following are some of the assumptions and beliefs that direct our efforts and the philosophies that inform our work. We print them here to make them transparent, and to help you determine whether WE fit YOU:

We see a pattern in our society of adults getting stuck in adolescence – with fewer and fewer adults finding their way to responsible adulthood. A corollary to this lack of maturation is an abdication on the part of those of adult age of their responsibility to mentor and guide young adults. Further, we have removed all mention of spirituality from schools, put our elders on age-segregated reservations, forgotten conscious rites of passage, and created a system of schooling that distances us from an inner life, and which doesn’t help us to find our purpose and place in the world. We have a society reeling from epidemic levels of anxiety, alienation, addictive behaviors, meaningless consumerism, confusion, and depression on the part of young adults. We think there are better ways to live and a more relevant ways to learn.

We believe that there are many paths to the same mountaintop – that there is a commonality of human experience, and as many ways to express it as there are human beings. We welcome all spiritual traditions – and give preference to traditions and philosophies that allow one to remain open to the validity of the experiences of others.

We believe that learning is one of the coolest things we can be engaged in, and that it is a lifelong process, with each life stage offering new opportunities to expand and deepen our awareness, engagement and consciousness.

If we don’t base our life on integrity, fulfillment, personal evolution and creativity, we are building on sand. These are skills and abilities that can be taught and learned.

“The unexamined life is not worth living.” We feel that life works better when get to know ourselves better – our minds, our bodies, our feelings, our relationship to the sacred, our energetic being, our social awareness, and the miraculous world around us. Our path is easier with help – from mentors, from a conscious community of peers, from new experiences and from a learning environment with high expectations and clear values. Our path is much easier if we walk it with a sense of hope.

*"Education either functions as an instrument which is used to facilitate the integration of the younger generation into the logic of the present system and bring about conformity to it, or it becomes the practice of freedom – the means by which men and women deal critically and creatively with reality and discover how to participate in the transformation of the world."*  
Paulo Freire

We are multi-dimensional beings – much larger and deeper than our bodies and personalities. The journey into the fullness of adulthood is a lifelong pursuit, and makes much more sense if we can regularly broaden the context of our inquiry, and deepen our experience of living.

We assume that travel into unknown inner or outer terrain is often uncomfortable – this can be confusing, disorienting and scary, as well as expansive and exhilarating. It is also one of the most valuable and satisfying things we can do. We assume that Deeper Waters participants want to know who they are, and are willing to go into their unknown to get there. We assume that they will be willing to undergo a certain discipline to help them evolve.

## FACULTY BIOS:

DEEPER WATERS is taught and facilitated by Cassie Bull, Susan Mayginnes & Sam Bull who lead the U.S.-based retreats and support the internships.

**Cassie Bull** directs all LEAPNOW retreats, oversees the campus kitchen and is LEAPNOW's artist-in-residence. After earning a BFA from Wichita State U., Cassie had a full career as a professional dancer, choreographer and teacher in Colorado and New York. Discovering that more was happening in her dance classes than just learning to dance, Cassie earned a Masters in Somatic Psychology in 1988 and worked in psychiatric hospitals, bringing her love of movement and creativity to the mentally ill. As a therapeutic activities program director in a psychiatric hospital in New York, she developed a horticulture program, a dance/yoga program, and a cooking program for adolescent and adult addicts as well as leading movement therapy groups for the residents at the psychiatric hospital. During this time Cassie received her ADTR (Advanced Registry, Dance Therapist) and Certification in Authentic Movement. She subsequently directed the Somatic Psychology Dept. at Naropa University in Boulder, Colorado - training dance therapists and body-centered psychotherapists. She is deeply interested in the confluence of movement, passion and creativity and is an affiliate faculty member at Antioch University Seattle.

**Susan Mayginnes** is an executive leadership development trainer who has designed and conducted trainings over the past 30 years. Susan co-directed LEAPNOW for three years, has a Master's in Leadership and a BA with a concentration in Organizational Culture. She specializes in Conflict Resolution, Collaboration and the development of leadership and emotional intelligence. She co-founded and directed trainings for the Summit Organization for 17 years, and is a Senior Fellow of the Hendricks Institute. After graduating high school, Susan did her own gap year in the Middle East and Europe before beginning college and has continued to integrate adventure travel throughout her life with an emphasis on trekking and scuba diving around the world.

**Sam Bull** founded LEAPNOW in 1994. After earning a degree in geology from Princeton University in 1982, he made a decision not to use the word "career" until he was at least 30, choosing instead to follow the "golden thread" of whatever he most wanted to do. This resulted in 9 years of exploration in the U.S., Asia, Central America and Europe. Some of the highlights included: Extensive study in Hindu and Carmelite (Catholic) monasteries in India and the U.S.; work as a carpenter, waiter, computer consultant, folk music restaurant manager, park ranger, lobster fisherman, and trail crew leader in California and Alaska. He has coordinated a program for the homeless in Seattle, directed a job-training program for youth-at-risk (the New Hampshire Conservation Corps), and was the Career Services Director and International Student Advisor at a university in Colorado. He is a Senior Fellow of the Hendricks Institute of Ojai, California and is certified in Conscious Relationship Transformation and Body-Centered Transformation through the Institute. Sam is an affiliate faculty member at Antioch University Seattle.

## OTHER LEAPNOW PROGRAMS

**LEAPYEAR:** An extraordinary alternative first year of college designed to assist a student in making a powerful and graceful transition from home to independence, high school to college, and adolescence into adulthood, which offers:

- a semester of group travel to Asia or Latin America
- four intensive residential retreats focused on life-path visioning, development of a high level of emotional literacy, rites of passage into adulthood,
- a three-month solo internship anywhere in the world
- an integrated experiential curriculum leading to a full year of academic credit with full access to Federal and private financial aid
- a full additional year of internship placements.

Visit [www.leapnow.org/leapyear](http://www.leapnow.org/leapyear) for more detail.

**ONE REVOLUTION:** Each spring and fall, LEAPNOW offers One Revolution, an exciting 5-month program that takes participants on one revolution around the Earth. One Revolution participants travel as a group with two leaders to Guatemala, India & Uganda. They do 5-6 week individual internships with homestays in each country, immerse themselves in Spanish in Guatemala, take part in 3 retreats for orientation, context and grounding, and are supported by 2 experienced leaders. College credit is available. The program costs \$12,900, is a condensed alternative to LEAPYEAR, and it can be followed by another individual internship (see below) in a country of your choice to form an amazing gap year program. More information about One Revolution can be found at [www.leapnow.org/onerev/](http://www.leapnow.org/onerev/).

**INDIVIDUAL INTERNSHIPS:** LEAPNOW offers individual internships of variable duration in 126 countries for people of all ages. These are generally for three months or more, and include teaching, work with wildlife, environmental work, outdoor education, sustainable living, construction, medical and public health work, arts and crafts internships and apprenticeships, work on boats, work in orphanages and with street kids. Find out more about specific internships at [www.leapnow.org/internships](http://www.leapnow.org/internships).

**IMPORTANT:** *If you find that your interests don't fit within any of these offerings, we can tailor full-year gap year program that are combinations of our other programs for you. We are also happy to refer you to one of myriad other programs that are available to you.*

# DEEPER WATERS FALL 2010

## APPLICATION PACKET (Page 1 of 4 – 1/28/10 rev)

Please fill out this application thoroughly and thoughtfully. This application, a phone or in-person interview and reference checks are the way we determine your fit for the program. We expect honest and detailed responses to these questions. We strive to keep the application process simple. We will call you to arrange an interview after we have received your complete application packet. We will make the admissions decision within a week after the interview.

Please complete & mail/fax us everything that says “Application Packet” on it to:

**LEAPNOW: DEEPER WATERS Program**  
**11640 Highway 128, Calistoga, CA 94515 USA**  
Phone: 707-431-7265 Fax: 707-431-8479

**Please attach  
a recent photo of yourself  
here - any size will do.**

**Your application is not  
complete  
without the photo.**

### PERSONAL & CONTACT INFORMATION:

Your Name (as it appears in your passport) \_\_\_\_\_

Name You Like To Be Called \_\_\_\_\_

Passport # \_\_\_\_\_ Expiration Date \_\_\_\_\_ Place of issue \_\_\_\_\_

Date of Birth \_\_\_\_\_ Social Security # \_\_\_\_\_

Address (current) \_\_\_\_\_

Address (permanent, if different) \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell \_\_\_\_\_

Fax \_\_\_\_\_ E-mail \_\_\_\_\_

Let us know the best method,  
time of day, & number to contact you: \_\_\_\_\_

How did you hear about Deeper Waters?: \_\_\_\_\_

For office use only:

\_\_\_\_\_ Date Received \_\_\_\_\_ Logged By \_\_\_\_\_ App Fee Received

# DEEPER WATERS 2010 - APPLICATION PACKET (Page 2 of 4)

## Emergency Contact:

Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_ Fax \_\_\_\_\_ E-mail \_\_\_\_\_

Relationship to Applicant: \_\_\_\_\_

## Educational Background:

High School: \_\_\_\_\_ Location: \_\_\_\_\_ Graduation Date: \_\_\_\_\_

G.E.D. \_\_\_\_\_ State: \_\_\_\_\_ Date Earned: \_\_\_\_\_

Colleges and Universities Attended: List all college and universities attended starting with most recent first:

<i>Name of Institution</i>	<i>City/State</i>	<i>Dates Attended</i>	<i>Credits Earned/Degree Awarded</i>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Are you planning to do Deeper Waters for academic credit? (circle one)      **Yes**              **No**

**On a separate sheet of paper, please answer the following questions in as much detail as possible.**

1. What is your inspiration for doing Deeper Waters? What do you hope to gain from taking part?
2. Describe three areas of your life in which you'd like to grow and why.
3. What are the biggest challenges in your life at this time?
4. Describe your vision of your Deeper Waters semester – specifying how you imagine your inner journey and the internship working together.
5. Please write a three-paragraph introduction of yourself that could be read to your Deeper Waters group. Feel free to introduce yourself in a way that is creative and that will give them a clear sense of your essence.

**PERSONAL REFERENCES:** Please give us the names and phone numbers of 2 adults who know you well who are not related to you. One of them must be a former teacher or employer.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship to you: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship to you: \_\_\_\_\_

**APPLICATION FEE:** The application fee for the program is \$50, and is non-refundable. Please check off your mode of payment:

\_\_\_\_\_ I have enclosed a check for \$50 with my application, payable to "LEAPNOW, Inc."

\_\_\_\_\_ Please bill my VISA or MasterCard for \$50

Card #: \_\_\_\_\_ Name on Card: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Signature of Cardholder: \_\_\_\_\_

# DEEPER WATERS 2010 - APPLICATION PACKET (Page 3 of 4)

## DISCLOSURE:

Please answer the following questions by circling YES or NO. *If you answer yes to any of them, please add another page to describe the situation or condition at greater length.* We reserve the right to request further information and to speak with doctors, counselors, etc. All medical information and personal disclosure will be kept strictly confidential.

1. Do you have any physical, psychological or chronic condition that limits your participation in any physical activities? \_\_\_\_\_ YES NO
2. Have you been treated for a psychological condition in the past 3 years? \_\_\_\_\_ YES NO
3. Do you take prescription medications for any health or psychological conditions? \_\_\_\_\_ YES NO
4. Have you been or are you currently being treated for substance abuse? \_\_\_\_\_ YES NO
5. Do you now or have you ever smoked or used chewing tobacco? \_\_\_\_\_ YES NO
6. Do you have any special dietary needs or restrictions? \_\_\_\_\_ YES NO
7. Have you used alcohol during the past 12 months? \_\_\_\_\_ YES NO
8. Have you used drugs during the past two years? \_\_\_\_\_ YES NO
9. Have you committed a crime within the past 3 years? \_\_\_\_\_ YES NO
10. Have you been hospitalized in the past 5 years? \_\_\_\_\_ YES NO
11. Are you UNable to swim? \_\_\_\_\_ YES NO
12. Do you have or have you ever had any of the following?
  - Allergies? \_\_\_\_\_ YES NO
  - Learning Disability? \_\_\_\_\_ YES NO
  - ADD or ADHD? \_\_\_\_\_ YES NO
  - Epilepsy? \_\_\_\_\_ YES NO
  - Diabetes? \_\_\_\_\_ YES NO
  - Asthma? \_\_\_\_\_ YES NO
  - Heart or Lung Disease? \_\_\_\_\_ YES NO
  - Hepatitis or Jaundice? \_\_\_\_\_ YES NO
  - Intestinal Problems? \_\_\_\_\_ YES NO
  - Foot, Leg, Back Problems? \_\_\_\_\_ YES NO
  - Motion Sickness? \_\_\_\_\_ YES NO
  - Eating Disorder? \_\_\_\_\_ YES NO
  - Clinical Depression? \_\_\_\_\_ YES NO
13. Please tell us how many non-work hours a week you spend on a computer or gaming: please include gaming, Facebook, Twitter, web-surfing, etc. \_\_\_\_\_

I take full responsibility for my medical, psychological and physical condition for the duration of the Deeper Waters Program. I am unaware of any further medical, psychological and physical problems that might inhibit my ability to successfully complete the program. Should any problems arise during the course of the program, I will promptly notify a LEAPNOW staff member. I have read and understand the Program Expectations and Rules. I understand that if I withhold or misrepresent vital information from my past, I may be asked to leave the program.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**DEEPER WATERS PROGRAM EXPECTATIONS & RULES:**

For any group of human beings to thrive while living together, basic guidelines of behavior and expectation are needed. The following are the basic non-negotiable rules that govern our learning community during retreats, and that you will have to embrace if you want to be part of it.

1. We expect all group members to treat one another with basic respect and consideration. LEAPNOW staff will help group members work through any issues or conflicts that arise during the program.
2. In general, the following behaviors are out-of-bounds, and if you engage in these behaviors and are unable to make positive changes after receiving feedback, you will be asked to leave the DEEPER WATERS program: If you engage in behavior that puts **the program** at risk; If you engage in behavior that puts **another group member or leader's** health, safety, or well-being at risk; If you put **your own** health, safety or well-being at risk; or, If your behavior is negatively impacting someone else's experience.
3. Deeper Waters retreats are Drug, Alcohol, Tobacco and Media-free. Any drug or alcohol use or possession on our campus will result in immediate termination from the program. This includes abuse of prescription medication.
4. If you create a “mess” during the program, it will be your responsibility to make amends within 48 hours. A “mess” can be a physical mess, a problem for another group member, host family, leader or program sponsor, or other problem that a responsible adult would clear and clean up – to restore harmony and make amends.
5. The following are not tolerated during the program: unwanted sexual advances, verbal abuse, physical violence, property damage, or theft. If not rectified immediately, each of these may result in the termination of participation in DEEPER WATERS.
6. As a general rule, participants are expected to act responsibly. Program faculty and staff are not babysitters or parental surrogates. Their first priorities are your safety and the viability of the program.
7. LEAPNOW’s reputation and relationship with individual internship sponsors are vital to the successful functioning of our programs. I understand this and agree to comport myself during my internship in a way that will be a credit to my internship, myself, LEAPNOW and future LEAPNOW interns.

I have read and understood the Deeper Waters Program Expectations and Rules above. My signature below signifies my willingness to abide by these Expectations and Rules for the duration of my Deeper Waters program.

Name (printed): \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_